

# SAFEGUARDING NEWSLETTER



#### **Autumn Half-Term Two 2025/26**

We are rapidly approaching the end of this term, and there is still a lot to look forward to in the final week. This half-term, students have celebrated Anti-bullying Week, Interfaith Week/Islamophobia Awareness Month, and Road Safety Week. Next week, we will be holding PRIDE assemblies and celebrating student success across many areas!

This newsletter contains some information about support available over the holidays, including the HAF programme and mental health services. Please also see below for details of how to access a food parcel from school, should you require one.

Wishing everyone a happy and safe holiday. Kind regards,

Ms Jones and the Keep Kids Safe team.

#### **KEY NUMBERS**

Anyone can contact the services below directly, regardless of whether you are a child, parent, carer or a member of staff. If you have a safeguarding concern, please ensure you pass it on: safeguarding is everyone's responsibility.

<b>01925 443322</b> (Option one, followed by option one)	01925 444400	0808 800 5000
Warrington Multi-Agency Gateway (MAG)	Out of Office Emergency Duty Team	NSPCC
For urgent safeguarding concerns about a child	For urgent safeguarding concerns about a child outside of office hours	For adults who are worried about a child
0800 1111	101	999
Childline	Police Non-Emergency	Emergency Services
For children who are worried about their own safety or need some advice	For reporting any crimes or concerns	For anyone in immediate danger (including if you are worried about the immediate risk to a child)



## **Keeping Kids Safe**



#### **Young Carers**

Young carers are children who provide care to a family member with physical disabilities or mental health difficulties. Young carers may take on responsibilities such as helping a family member with personal care, household tasks, managing medication, or providing emotional support. This can be parents, carers, siblings or extended family.

It is estimated that approximately one in five children are young carers, however the true figure is not known, as many children/families do not realise that they meet the criteria for being a young carer.

In school, we would like to ensure that all children who have caring responsibilities are identified and supported appropriately. Ms Burns is our young carer champion, and does a wonderful job at supporting our children with caring responsibilities; for example, holding lunchtime drop-ins and running fun activities such as Christmas card making and badge designing. Ms Burns will be hosting a breakfast event for our young carers on Friday 12<sup>th</sup> December, which all young carers are encouraged to attend.

Ms Burns will also meet with each young carer and create an individualised profile for the child. The profile includes an overview of their responsibilities, and any adjustments we need to make for them in school. We will also complete referrals to Warrington Carers Hub if the child and the parent/carer consent to this.



#### **Identifying Young Carers**

If you or a family member has any kind of disability, long-term illness, mental health condition, or substance misuse problem, and your child helps with tasks such as cooking and cleaning (or any other responsibility, e.g. administering medication), they are classed as young carers. If this is the case, it is important that school are aware of this so that the appropriate support can be put in place. Once we are made aware that a child is a young carer, Ms Burns will meet with them and explore if there are any adjustments or support measures that we can put in place e.g. extended homework deadlines, or lunchtime phone calls home.

#### Warrington Carers Hub



Warrington Carers Hub are a fantastic service who offer support for both children and adults with caring responsibilities. When children are identified as young carers, we will offer them a referral into the service. Further information about their offer can be found at the

end of this newsletter, and also on their website: <u>Warrington Carers Hub</u>. There is a QR code on the below poster, should you wish to refer yourself as a carer.



## **Support Services**



#### **Holidays Activities and Food (HAF) Programme**

Bookings are now live for the winter HAF programme. The scheme is accessible to any child aged 5-16 years who is entitled to free school meals. There are spaces available at a reduced rate for those children that are not eligible for benefit related free school meals.

Each local programme will provide delicious, healthy meals, allow kids to get active, help them learn new things, make friends and have fun. Activities include sports camps, cinema tickets, a pantomime performance, SEND clubs, and much more. Children are able to attend four sessions between 22<sup>nd</sup> December 2025 – 6<sup>th</sup> January 2026.

For those who require support but do not wish to attend activities, there are meal boxes available so that the family can cook together in the home. To see what is available and book a place, please visit: <u>HAF sessions booking</u>.



#### **Food Bank**

We have a number of food parcels available for collection from school, should any families require one before the end of term. If you would like to arrange collection of a food parcel, please contact Ms McKittrick by emailing smckittrick@padgateacademy.co.uk.

#### **Mental Health**

We understand that this time of year is particularly difficult for a lot of people. School are always here to help where we can, however below are some services who can provide mental health support when needed:

<u>Samaritans</u> are a listening service available to anyone at any time of day or night. They can be contacted by calling 116 123 or emailing jo@samaritans.org.



<u>ANDYSMANCLUB</u> are a men's suicide prevention charity, offering free to attend peer-to-peer support groups across the country and online. Their group meets every Monday at 7pm. The nearest venue to school is at Padgate Community Centre, however other venues are available.





<u>Papyrus</u> are an organisation who aim to aim to reduce the number of young people who take their own lives, by providing support for anyone under the age of 35. Their helpline can be accessed by phoning 0800 068 4141, texting 88247, or email support can be accessed by emailing <u>pat@papyrus-uk.org</u>.

If you or a family member are in a mental health crisis, you can access support by calling the NHS number 111. If there is an imminent risk of harm, call 999 for immediate assistance.

We hope you have found this newsletter useful. For further safeguarding information, please visit the school website: https://padgateacademy.co.uk/safeguarding

### What Parents & Educators Need to Know about

ROLE RESTRICTION PEGI

WHAT ARE THE RISKS?

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Robiox Studio to build custom levels, which can then be shared online.

#### **ONLINE PLAY RISKS**

#### MATURE CONTENT

Content is difficult to moderate throughout Content is atmicult to moderate throughout le. Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the piction contain age-inappropriate content that could easily be seen by young players.

#### IN-GAME SPENDING

extensive monlessation options, usually unrough season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

#### ANONYMOUS PLAYERS

#### RISK OF ADDICTION

Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or porsuade them to stay logged—in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

12750

#### **SCAMS**

Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade

### Advice for Parents & Educators

#### MONITOR THE CONTENT

#### TAKE ADVANTAGE OF TOOLS

each will make Roblox a safer, happier experience. You can set age ranges or who's allowed to contact you, close public chat boxes, block spending, and even

#### Meet Our Expert

Dan Lipscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his possion for gaming. When he's not playing games, he's talking about them at GAMINGbible.

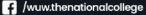
#### **PLAY TOGETHER**

#### TEACH ONLINE BEHAVIOURS



The National College







(o) @wake.up.wednesday



→ @wake.up.weds



Do you have a family member, friend or neighbour who cannot manage without your support?

Then we may be able to help you







Opening Times: Monday - Friday 9.00am - 5.00pm Telephone: 0300 303 0623 (calls charged at local rate)

Email: enquiries@warringtoncarershub.org.uk
Website: www.warringtoncarershub.org.uk
Address: Freepost Warrington Carers Hub

Follow us on Facebook: facebook.com/WarringtonCarersHub



### Supporting those that care





